



# Your

Argyle Balmoral Grosse Isle Lake Francis Marquette Rosser  
St. Laurent Stonewall Stony Mountain Warren Woodlands

# Community Directory 2019 2020



BUSINESS • EDUCATION • HEALTH • CULTURE • ATTRACTIONS

# DON'S MECHANICAL Inc.

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## Stonewall Rockwood Emergency Management Board, MB.

CodeRED is a FREE emergency notification service provided to all residents within Stonewall and Rockwood that will notify you of emergency information through phone calls, text messages, emails, social media and the CodeRED Mobile Alert app. The system will be used to keep you informed of local events that may immediately impact your safety. As a local resident, Stonewall and Rockwood encourages you to take action and register your cell phone for this service and verify your home location to receive targeted notifications that directly impact your home or business.

- The CodeRED® system will be used to send critical communications.
- **Privacy** Your contact information remains private and will only be used for community notifications.
- **Join Our Database** To make sure you receive **Town of Stonewall** notifications, go to the Town of Stonewall website to find a quick link to CodeRED at **[www.stonewall.ca](http://www.stonewall.ca)**
- **Join Our Database** To make sure you receive **RM of Rockwood** notifications, go to the RM of Rockwood website to find a quick link to CodeRED at **[www.rockwood.ca](http://www.rockwood.ca)**



Additionally, CodeRED Mobile Alert app for your hand held devices. This link will help you quickly and easily download the app.  
<https://www.onsolve.com/solutions/products/codered/mobile-alert-app/codered-mobile-apps-download/>

On behalf of the Council of the Town of Stonewall it is my pleasure to be able to bring greetings on behalf of Stonewall. The Town is a fabulous community that has so much to offer both its residents and visitors alike.

Stonewall is the regional hub for commercial, educational, health and recreational services in south west Interlake. We are fortunate to enjoy professionally administered and highly respected services from a variety of medical service establishments in addition to our modern healthcare facilities. We have excellent day care and school facilities as well our robust commercial core with its successful retail establishments, unique shops and restaurants is a real gem of the community. Finally, our first-class recreation facilities at the Veterans Memorial Sports Complex and Quarry Park are second to none. Stonewall has it all.

As a community we are very proud of our roots and our history. Stonewall celebrates its past achievements, is grateful for its present successes and is very optimistic about the future. Outsiders envy the quality of life experienced by our residents and visitors rave about our community's hospitality. Stonewall truly is a great place to work; a great place to play; Stonewall is a Great Place to call Home.

**Mayor Clive Hinds  
& Council  
Town of Stonewall**



From our recreation and festivals, to our community centres that hold an array of local events, everyone's interests are covered. Where else can you find agriculture and colourful nature mixed in with our historic limestone quarries and culture? Our residents are true hosts and volunteers who make up our local communities.

***Come for a visit, stay for a lifetime.***





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## EMERGENCY



<b>Stonewall – Fire, RCMP, Ambulance .....</b>	<b>911</b>
<b>Stonewall RCMP – non-emergent .....</b>	<b>467-5591</b>
<b>Stonewall and District Health Centre .....</b>	<b>467-5514</b>
<b>Stony Mountain – Fire, RCMP, Ambulance .....</b>	<b>911</b>
<b>Rosser – Fire, RCMP, Ambulance .....</b>	<b>911</b>
<b>Warren – Fire, RCMP, Ambulance .....</b>	<b>911</b>
<b>Lake Francis – Fire, RCMP, Ambulance .....</b>	<b>911</b>
<b>Warren – Fire, RCMP, Ambulance .....</b>	<b>911</b>
<b>Woodlands – Fire, RCMP, Ambulance .....</b>	<b>911</b>
<b>24 Hour Mental Health Crisis Line .....</b>	<b>1-866-427-8628 or 204-482-5419</b>
<b>Provincial Suicide Line .....</b>	<b>1-877-435-7170</b>
<b>Domestic Violence Crisis Line .....</b>	<b>1-877-977-0007</b>
<b>Kids Help Line .....</b>	<b>1-800-668-6868</b>
<b>Farm and Rural Stress Line .....</b>	<b>1-866-367-3276</b>

***Designed and Printed by Interlake Graphics***

74 Patterson Drive, Stonewall, Manitoba, R0C 2Z0

Phone: 204-467-5836 Advertising: Stephanie Duncan Email: [ads@stonewallteulontribune.ca](mailto:ads@stonewallteulontribune.ca)

# GREETINGS

from the  
*Lakeside Constituency*



Ralph R. Eichler

Please drop by  
319 Main Street,  
Stonewall or feel  
free to make an  
appointment with  
my office by calling

**204-467-9482**

Sincerely,  
*Ralph R.  
Eichler*

MLA for Lakeside

[www.ralpheichler.com](http://www.ralpheichler.com)



On behalf of my constituents, it is a  
pleasure for me to extend a warm  
welcome to everyone visiting beautiful  
Selkirk-Interlake-Eastman. I hope you  
enjoy our unique landscape, traditions,  
culture, food and entertainment.

Wishing you all the best!  
Please come back soon!



**JAMES** 

**BEZAN** <sup>MP</sup>

SELKIRK—INTERLAKE—EASTMAN

228 MANITOBA AVENUE, SELKIRK, MB R1A 0Y5  
OFFICE@JAMESBEZAN.COM • JAMESBEZAN.COM • 204-785-6151

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**Beat the Heat!**  
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- Commercial Refrigeration
- HRV • Geothermal
- Furnaces



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- Furnaces • HRV
- Geothermal
- Air Conditioning
- Commercial Refrigeration



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- ***Commercial Refrigeration***
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**Owner: Jeff Meier**



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# Your Community & Area Community Information

## UTILITY

Canada Post – Argyle .....	204-513-5661
Canada Post – Balmoral .....	204-467-2659
Canada Post – Rosser .....	204-467-8999
Canada Post – Stonewall .....	204-467-5429
Canada Post –	
Stony Mountain... ..	204-344-5689
Canada Post – Warren .....	204-322-5266
Canada Post – Woodlands .....	204-383-5179

**Manitoba Hydro – 24 Hour Emergency**  
Response toll free ..... 1-888-624-9376



## LOCAL AUTHORITIES BOARD

### Community Futures East Interlake Inc.

12 Main St., N  
Riverton, R0C2R0  
Phone:.....204-378-5106  
Website: [www.eastinterlake.com](http://www.eastinterlake.com)  
E-Mail: [info@eastinterlake.com](mailto:info@eastinterlake.com)

**Department of Highways & Transportation,**  
Province of Manitoba,  
Box 147 Warren R0C 3E0 .... 204-322-4260

### Family Services & Housing

589 3rd Ave. S Stonewall ..... 204-467-4420

### Interlake-Eastern Regional Health Authority

233A Main St. Selkirk R1A 1S1  
Phone ..... 204-785-4700  
Toll Free ..... 1-855-347-8500  
Website [www.ierha.ca](http://www.ierha.ca)  
Email [info@ierha.ca](mailto:info@ierha.ca)

## ATTRACTION



## Grosse Isle Heritage Site

Aerial banner photo, Todd Studler

Destination of the Prairie Dog Central vintage train. Dedicated to the preservation and maintenance of heritage buildings and artifacts from the community and the railway that served Grosse Isle and surrounding area.



### Hands-On Prairie History

Located in the village of Grosse Isle at MB Road 321 and Prairie Dog Trail, the Grosse Isle Heritage Site is the prairie setting of a century-old home, church, school, train station, caboose, and jigger shack. Stroll down the Prime Meridian Trail, visit the Natural History Museum. Bring a picnic to have on the grounds or pur-

chase hotdogs and snacks from the concession. Tour the heritage buildings, talk with our volunteers, and visit local craft vendors.

The site is open to visitors when the Prairie Dog is in town. Check their schedule at [tickets.pdcrailway.com](http://tickets.pdcrailway.com)

Buildings are also available to book for special events outside the regular schedule.



Call Donna 799 7555, or Miles 232 4887  
[gihheritagesite@gmail.com](mailto:gihheritagesite@gmail.com)  
for information, bookings, or to volunteer.



## LOCAL AUTHORITIES BOARD

### Interlake Tourism Association

Box 399, Warren ROC 3E0

Phone.....204-322-5378

Toll Free .....1-877-468-3752

Website: [www.interlaketourism.com](http://www.interlaketourism.com)

### Rockwood/Rosser Weed Control District

Box 651, Stonewall ROC 2Z0

Phone .....204-467-4704

### By-Law Enforcement Officer

Justin Sowa .....204-461-0549



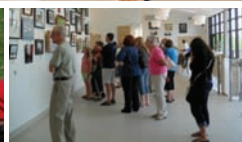
## ATTRACTION

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**[www.boonstrafarms.com](http://www.boonstrafarms.com)**



## ATTRACTION

# Recreation, Education, Celebration



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 HERITAGE ARTS CENTRE



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**[www.stonewallquarrypark.ca](http://www.stonewallquarrypark.ca)**





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Highway 67  
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## LOCAL AUTHORITIES BOARD

### Rural Municipality of Rockwood

Administration 285 Main Street, Stonewall  
Phone..... 204-467-2272

Office Hours: Mon. – Fri. 8:30am – 4:30pm

Website: www.rockwood.ca

Email info@rockwood.ca

(Regular council meetings are held on the 2nd & 4th  
Wednesday of each month commencing at 9:00 am)

**Reeve – Wes Taplin.....204-404-3000**

### Councillors

Tom Huffman Ward 1 ..... 204-344-5560

Curtis McClintock Ward 2 ..... 204-467-5492

Neal Wirgau Ward 3 ..... 204-981-5996

Art Goudy Ward 4 ..... 204-461-0155

Terry Hartle Ward 5 ..... 204-886-2319

Lyle Willis Ward 6 ..... 204-886-2948

### Municipal Emergency Coordinator- Stonewall Rockwood

Dennis Peterson .....204-782-6048

E-mail: mec.sremo@gmail.com

### Rural Municipality of Rockwood

Sewer and Water Utilities Department

Stony Mountain / Bristol Plant ..... 204-344-5148

Balmoral Water Treatment Plant .... 204-467-5570

Guntton Water Pumping Station .... 204-886-3749

**Emergency Number for after hours and  
weekends for all locations:**

1-204-933-3288

### Balmoral Waste Transfer Station

204-467-1891 - 7099 E PR 236 (Road 85N)

Open Year Round

Sunday, Monday & Tuesday 10:00am -5:00pm

### BFI PRAIRIE GREEN PUBLIC DROP OFF

LANDFILL SITE 204-694-7615

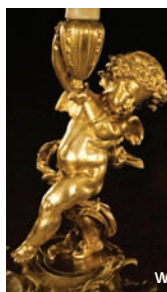
Residents of Rosser only.

Monday to Friday 5:30 a.m. – 5:00 p.m.

Saturday 6:00 a.m. – 1:00 p.m.

Call 204-694-7615 for Holiday Hours

## ANTIQUES



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ANTIQUES

**Jack Grandmont**

(204)-383-5382

(204)-461-2201

jgrandmont@live.com

www.grandmontantiques.com



## LOCAL AUTHORITIES BOARD

### Winfield Road Waste Transfer Station

204-467-9490 - Winfield Road - 6091 E Road 76N  
Wednesday, Thursday, Friday, Saturday 10:00am  
- 5:00pm

### Rural Municipality of Rosser

Administration Box 131, Rosser, R0H 1E0  
Phone 204-467-5711 Fax 204-467-5958  
Office Hours: Mon. - Fri. 8:30 a.m. - 4:30 p.m.  
Website [www.rmofrosser.com](http://www.rmofrosser.com)  
Email: [info@rmofrosser.com](mailto:info@rmofrosser.com)  
Rosser Regular meetings on the 2nd Tuesday of  
each month at 9:00 a.m.

**Reeve Francis Smee** ..... 204-633-9410  
**Councillors**

Ken Mulligan Ward 1..... 204-322-5373  
Lee Garfinkel Ward 2..... 204-467-7555  
Angela Emms Ward 3..... 204-694-3956  
Kelvin Stewart Ward 4..... 204-633-6941



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**204-467-7512**  
Fax: 204-467-5384  
11 Agassiz, Stonewall Industrial Park  
Hours: Monday thur Friday 8:00 am - 5:00 pm

## LOCAL AUTHORITIES BOARD

**Rosser Transfer Station** - is located north of  
Rosser on Ridge Road (Rd. No. 70)

Jack Siefried ..... 204-467-9633

The waste grounds are for residents of the  
**R.M. of Rosser only**

### Hours of Operation:

(Winter)	(Summer)
Monday 1 p.m.-5 p.m.	3 p.m.-7 p.m.
Thursday 1 p.m.-5 p.m.	1 p.m.-5 p.m.
Friday 9 a.m.-5 p.m.	9 a.m.-5 p.m.
Saturday 9 a.m.-5 p.m.	9 a.m.-5 p.m.

## AUTO REPAIR & COLLISION



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[www.stonewalltireandautorepair.com](http://www.stonewalltireandautorepair.com)  
377 1st St. E. Stonewall, MB  
**204-467-5595**



## LOCAL AUTHORITIES BOARD

### Rural Municipality of St. Laurent

Administration Box 220, St. Laurent, R0C 2S0

Phone 204-646-2259 Fax 204-646-2705

Email [rmstlaur@mts.net](mailto:rmstlaur@mts.net)

Regular Meetings 1st and 3rd Wednesday or every month at 6:00pm.

**Reeve Cheryl Smith** ..... 204-383-0329

Councillors

Jerry Combott ..... 204-383-0348

Frank Bruce ..... 204-383-0352

Laurent Kerbrat ..... 204-383-0342

Phil Mathews ..... 204-383-0326

### Municipal Emergency Coordinator

Paul Belair ..... 204-739-8164



## LOCAL AUTHORITIES BOARD

### Rural Municipality of Woodlands

Administration Box 10, 57 Railway Avenue  
Woodlands, R0C 3H0

Phone 204-383-5679 Fax 204-383-5169

Office Hours: Mon. – Fri. 8:30am-4:30pm

Regular meetings every 2nd Tues 9:30 a.m.

Website [www.rmwoodlands.info](http://www.rmwoodlands.info)

Email [wldsofc@mymts.net](mailto:wldsofc@mymts.net)

**Reeve Lori Schellekens** ..... 204-467-9778  
& 204-995-8423

### Councillors

Deputy Reeve Lorna Broadfoot .... 204-383-5003

Orval Procter ..... 204-383-5051

Carl Fleury ..... 204-375-6622

Don Walsh ..... 204-383-0048

Curtis Huff ..... 204-404-5526

Wayne Yule ..... 204-383-5390

### Municipal Emergency Coordinator

Keifer Buchanan 204-383-0367

## AUTO REPAIR & COLLISION

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and Stonewall!

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[carstarmanitoba.ca](http://carstarmanitoba.ca)

**CARSTAR**®  
Collision & Glass Service



## LOCAL AUTHORITIES BOARD

### Woodlands Disposal Site - 2-14-3W

Phone 204-375-6056

#### Summer Operating Hours

(May 1 - Oct 31)

Tue: 8:30a - 5:00p

Wed: 10:30a - 7:00p

Thu: 8:30a - 5:00p

Fri: 8:30a - 5:00p

Sat: 8:30a - 4:30p

#### Winter Operating Hours

(Nov 1 - Apr 30)

Tue: 8:30a - 5:00p

Wed: 8:30a - 5:00p

Thu: 8:30a - 5:00p

Fri: 8:30a - 5:00p

Sat: 8:30a - 5:00p



## BAKERY



ARTISAN PASTRIES AND BREADS

*Beyond Bread*

368 MAIN STREET - STONEWALL, MB - 204-467-9756

DAILY LUNCH SPECIALS

## BEAUTY & SKIN CARE

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- \* Permanent Makeup
- \* Advanced Footcare
- \* All Body Waxing
- \* Gel Nails
- \* Hot Stone Therapy



**204-467-5911**

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## LOCAL AUTHORITIES BOARD

### Town of Stonewall

Administration: Box 250 Stonewall ROC 2Z0

Phone 204-467-7979

E-mail: [info@stonewall.ca](mailto:info@stonewall.ca)

**Mayor Clive Hinds**.....[chinds@stonewall.ca](mailto:chinds@stonewall.ca)

### Councillors

Peter Bullivant [pbullivant@stonewall.ca](mailto:pbullivant@stonewall.ca)

Jackie Luellman [jluellman@stonewall.ca](mailto:jluellman@stonewall.ca)

Blair Good [bgood@stonewall.ca](mailto:bgood@stonewall.ca)

Walter Badger [wbadger@stonewall.ca](mailto:wbadger@stonewall.ca)

## LOCAL AUTHORITIES BOARD

### Municipal Emergency Coordinator-Stonewall Rockwood

Dennis Peterson 204-782-6048

E-mail: [mec.sremo@gmail.com](mailto:mec.sremo@gmail.com)

### Town of Stonewall –

**Sewer/Water Emergencies** ..... 204-467-7990

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## LOCAL AUTHORITIES BOARD

### South Interlake Planning District

Stonewall ..... 204-467-5587  
Email [info@sipd.ca](mailto:info@sipd.ca)

### Stonewall & District Chamber of Commerce

Stonewall ..... 204-467-5836  
[www.stonewallchamber.com](http://www.stonewallchamber.com)  
Email: [info@stonewallchamber.com](mailto:info@stonewallchamber.com)

### Stonewall Heritage Advisory Committee

Box 250, Stonewall ROC 2Z0 ..... 204-467-7980



## SCHOOLS

### Interlake School Division

192-2nd Ave North, Stonewall .. 204-467-5100  
[www.interlakesd.ca](http://www.interlakesd.ca)

**Balmoral School** – Balmoral ..... 204-467-2501

**Brant/Argyle School** – Argyle .. 204-467-2683

**Grosse Isle School** – Grosse Isle 204-467-2560

**Rosser School** – Rosser ..... 204-467-2717

**Ecole R.W. Bobby Bend School**

377-2nd Ave. North, Stonewall... 204-467-5537

**Ecole Stonewall Centennial School**

572-2nd Ave. North, Stonewall... 204-467-5502

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**[www.carringtondentalcenter.ca](http://www.carringtondentalcenter.ca)**

**[info@carringtondentalcenter.ca](mailto:info@carringtondentalcenter.ca)**

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## SCHOOLS

<b>Stonewall Collegiate</b>	
297-5th St. West, Stonewall .....	204-467-5539
<b>Stony Mountain School</b>	
Stony Mountain .....	204-344-5459
<b>Warren Elementary</b>	
300 Hanlan Street, Warren .....	204-322-5576
<b>Warren Collegiate</b>	
119 MacDonald Ave, Warren .....	204-322-5586
<b>Woodlands Elementary</b>	
91 Porteous Ave., Woodlands ...	204-383-5674
<b>Sterling North</b>	
619 4th St. East, Stonewall .....	204-467-5547
<b>Concord Colony School</b>	
Stony Mountain .....	204-344-5840
<b>Kelsey School – Sturgeon Creek Colony</b>	
Stonewall .....	204-633-3485
<b>Lightly School – Clearwater Colony</b>	
Stonewall .....	204-272-8081
<b>Mallard School – Keystone Colony</b>	
Warren .....	204-322-5424
<b>New Haven Colony</b>	
Argyle.....	204-467-8700
<b>Omega School-Interlake Colony</b>	
Teulon .....	204-886-2574 X. 231
<b>Prairie Blossom School</b>	
Balmoral.....	204-467-8012

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## SCHOOLS

Rock Lake Colony School  
 Grosse Isle ..... 204-322-5345  
 St. Laurent School ..... 204-646-2034  
 Ecole Communautaire ..... 204-646-2392

## DAYCARE LISTINGS

Balmoral Child Care Centre.....204-467-5479  
 Stonewall Childrens Centre.....204-467-2214  
 Starting Blocks.....204-467-5522  
 Stony Mountain  
 Child Care Centre ..... 204-344-5694  
 Woodlands Child Care Centre... 204-383-7503



## CONTINUING EDUCATION

**Interlake School Division Continuing Education**  
 192 2nd Ave North ..... 204-467-5100  
 jderksen@isd21.mb.ca

Continuing Education offers courses for adults and youth, including computers, fun and fitness, personal interest, skill sharpeners, youth interest and health education. Brochures are distributed by mail, before each of the three sessions or visit our website for complete course listings at [www.interlakesd.ca](http://www.interlakesd.ca)

**Junior Kindergarten Programs.....**204-467-5100

We offer free programs throughout the Interlake School Division to students entering kindergarten the following school year. All information can be found at [www.interlakesd.ca](http://www.interlakesd.ca)

**Storytime**  
 Stonewall Library.....204-467-8415

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## CHURCHES

### Alive! Family Church

166 Main St., Stonewall ..... 204-467-2870

### Anglican Church of the Ascension

291-1st Street West, Stonewall... 204-467-8466

### Balmoral United Church

Balmoral ..... 204-467-9070

### Christ Church (Anglican)

13 School Road, Stony Mountain 204-344-5220

### Christ the King Catholic Church

315-2nd Street East, Stonewall . 204-467-2220

### Church of the Annunciation

Woodlands

### Cornerstone Pentecostal Church

2nd Avenue North, Stonewall .... 204-467-2969

### Grassmere United Church

Grassmere Church Road,  
Stonewall ..... 204-467-5469

### Grosse Isle & Rosser United Churches

Immanuel Lutheran Church ..... 204-632-6911  
Rosser

### Lilyfield United Church

Rd. 68 & Sturgeon Rd..... 204-344-5426

### New Life Church

1 km east of Stonewall  
on Hwy #67..... 204-467-5529



## CHURCHES

### St. Joseph's Roman Catholic Church

Stony Mountain ..... 204-467-9016

### Victoria United

Balmoral ..... 204-467-8466  
1 service a year, on 3rd Sunday in June

### Stonewall United Church

369-1st Avenue North,  
Stonewall ..... 204-467-5469

### Stony Mountain United Church

12 Main Street,  
Stony Mountain ..... 204-344-5426

### Stonewall & Area Ministerial Association

John Harrison ..... 204-467-5529  
The Stonewall & Area Ministerial Association  
conducts weekly church services at Stonewood  
Place and Rosewood Lodge, provides pastoral  
care at Stonewall & District Hospital and hosts  
workshops on various topics for the public.

### Warren & Meadow Lea

United Churches ..... 204-322-5752  
Woodlands Gospel Chapel ..... 204-467-5109

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[www.woodmanwealth.ca](http://www.woodmanwealth.ca)

## HEALTH

### Interlake-Eastern Regional Health Authority/ Stonewall Community Health Office

589-3rd Ave. South, Stonewall... 204-467-4400  
Community Health Offices provide public health, mental health and home care to residents within the Interlake-Eastern region. These services and their supports are provided on a local and regional basis.



## HEALTH

### Interlake Medical Clinic

330 – 3rd Ave. South,  
Stonewall ..... 204-467-8137

### Quarry Ridge Medical Clinic

469 1st St. West, Stonewall..... 204-467-9707

### Interlake Healthcare Sustainability Committee

Box 29, Teulon R0C 2B0 ..... 204-886-7776

### Southwest District Palliative Care Inc.

Chuck McClure..... 204-467-2632

To provide comfort for individuals and families living with a possible life threatening illness or coping with grief. Palliative Care offers emotional and spiritual support, information regarding pain & symptom management, bereavement support, trained volunteers available at home or in hospital, lending library, and practical help. “We enter this world surrounded by love, comfort and care. Don’t we deserve the same when we leave”

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www.sunlife.ca/barb.kaminski

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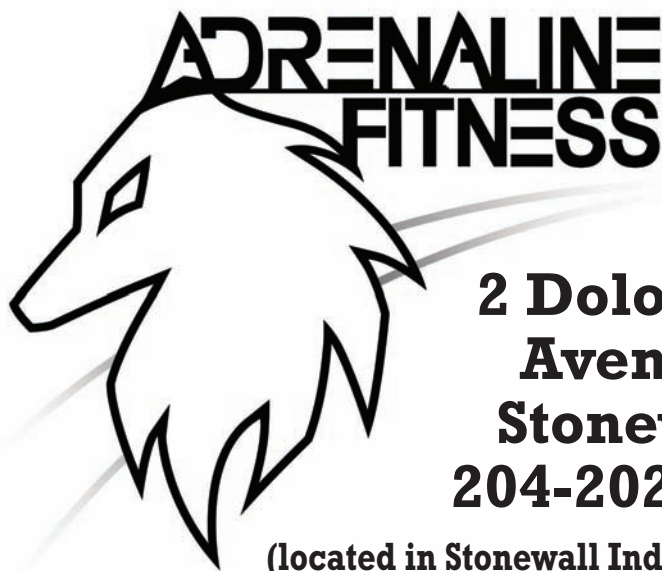


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## HEALTH

### **Stonewall & District Health Centre Foundation**

Pat Corbin ..... 204-467-2091

The Stonewall & District Health Foundation is a community-driven organization that accepts donations, memorials and bequests from citizens and returns the funds to the community in the way of the grants for medical education, equipment for facilities etc. The Foundation operates in co-operation with the Interlake Eastern Regional Health Authority, towards the supplying of health services within the communities of Stonewall and the RM's of Rockwood, Rosser and Woodlands. The Foundation Board comprises representatives from all communities within that region. The Foundation is active in the recruitment and retention of doctors within the Stonewall Hospital, as well as assuring that equipment needed within the facility is made available.

### **Stonewall & District Health Centre**

589 -3rd Avenue South,  
Stonewall ..... 204-467-5514  
The Stonewall & District Health Centre provides ambulance and emergency services, acute care, lab and x-ray services, as well as long term and palliative care services. Additional services include dietary service, physiotherapy and occupational therapy services. Rosewood Lodge is a 50-bed personal care home while Stonewood Place is a 30 suite enriched senior's housing unit.

### **Stonewall Medical Group**

589 – 3rd Ave. South, Stonewall...204-467-5509  
The Stonewall Medical Group offers regularly booked appointments.



## SUPPORT GROUP & RESOURCE CENTRES

### **Community Living Interlake**

307 Main St., Stonewall ..... 204-467-9169

The Association for Community Living is a community based, non-profit organization, providing a variety of services and supports for people with developmental disabilities, including residential, vocational and recreational.

**The Arris Centre** ..... 204-467-9169

307 Main St. Stonewall

Pre-vocational and life skills training centre for adults with a developmental disability

### **Age Friendly Stonewall/RM Rockwood**

Joie Van Dongen .....204-467-5486

A volunteer committee "Creating a community committed to Healthy Active Aging". Meetings are held every fourth Tuesday 10am-noon

### **Block Parents of Stonewall**

Teresa Melynychuk ..... 204-467-9752

The Block Parents of Stonewall is a community organization that provides safe homes for members of the community, especially children. Block Parents of Stonewall is open to new members. Anyone wishing to become a Block Parent may contact Teresa for RCMP screening and to have a sign in your home.

### **Breast Cancer Support Group**

..... 204-467-2473 or 204-886-2393

Meets monthly every third Tuesday

**Canadian Blood Services** ..... 1-888-236-6283

### **Canadian Red Cross Society**

1111 Portage Ave, WPG ..... 1-866-685-4250

The Canadian Red Cross Society offers various services, including first aid and water safety courses, emergency preparedness and free use of wheelchairs, walkers and canes.

**Alzheimer Society** ..... 1-204-268-4752

alzne@alzheimer.mb.ca

Current Family Support Group Interlake Region meets the fourth Tuesday of the month at 1pm, Stonewall & District Health Centre. These meetings bring caregivers together to talk about their experiences and offer support and advice to each other.



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## SUPPORT GROUP & RESOURCE CENTRES

**Cancer Connection Toll Free** . 1-888-939-3333  
cancerconnection@cancer.ca  
Trained volunteers offer support to those dealing with cancer

### Cancer Navigation Services

If you or a member of your family have been diagnosed with cancer, the cancer navigation services team is here to help. Cancer navigation can guide and support you and your family through the entire cancer journey. Receiving information and support in a timely manner can help to reduce distress and anxiety. Cancer navigation services are provided free of charge to Interlake-Eastern Regional Health Authority residents and their families.  
Toll-Free: 1.855.557.2273 (CARE)  
or email [cancernav@ierha.ca](mailto:cancernav@ierha.ca)

### Caregiver Support Group

Lions Community Centre ..... 204-467-2719  
If you are looking after a family member or friend, you are welcome to join us to discuss concerns and share feelings, both positive and negative related to your care give role.

## SUPPORT GROUP & RESOURCE CENTRES

### Crisis Stabilization Unit (CSU)

An 8-bed nurse managed facility for individuals 15 years and older, who are voluntary and in apparent psycho-social crisis. Located in Selkirk, the CSU provides assessment, short-term crisis intervention, treatment, and linkage/referrals to needed supports.  
Call toll-free: 1.888.482.5361 or 204.482.5361  
Fax: 204.482.5367

### Crisis Services-Mental Health

- 24 hour Crisis Line  
1-866-427-8628 or 204-482-5419

### Mobile Crisis Services

An outreach program for individuals of all ages who are experiencing a mental health/ psychosocial crisis. Operates: adult services: 2:00 pm to 2:00 am; 7 days/week; children and adolescents: 1:30 pm to 9:30 pm, Monday to Friday; Call toll-free 1.877.499.8770 or 204.482.5376

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## SUPPORT GROUP & RESOURCE CENTRES

### Christmas Cheer Board – Stonewall

(Oct 15-Jan 15)..... 204-467-9039  
The Christmas Cheer Board receives monetary, new & used unwrapped gifts and food donations to distribute to needy families in the South Interlake over the Christmas season. Volunteers always welcome.

### Congregate Meal Program – Lions Manor

622 Centre Ave. Stonewall ..... 204-467-8531  
(48 hours notice)

### Dementia Helpline

..... 1-800-378-6699

### Hilltop Manor Meal Program – Stony Mountain

Susan ..... 204-344-5549 (24 hours notice)  
Congregate Meal Programs are hot, nutritious, full course meals that are available to all seniors in the community for a minimal cost. Noon meals are available from Monday to Friday.

### Interlake Employment Services

..... 204-461-0215  
Interlake Employment Services offer employment services for adults with disabilities

## SUPPORT GROUP & RESOURCE CENTRES

### Interlake Food Bank

293 Main Street (basement of Town Hall). . . . .  
204-467-9118  
The Interlake Food Bank collects and distributes food, clothing and household items for families that are of need.

### Manitoba Schizophrenia

**Society Inc.** ..... 204-786-1616  
info@mss.mb.ca  
The Manitoba Schizophrenia Society is a self-help group for people dealing with schizophrenia.

### Manitoba Youth Job Center - Stonewall

..... 204-467-5836  
The Manitoba Youth Job Center is open May through August. Students and youth may receive job referrals, help with interview skills, resume and cover letter writing and job searches. Information on government funding and grants may also be obtained.

### Meals on Wheels - Stonewall

..... 204-467-5257  
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## SUPPORT GROUP & RESOURCE CENTRES

### Rockwood Environmental Action Committee Taskforce (R.E.A.C.T.)

Karl ..... 204-467-2334  
 www.reactinc.org E-Mail: info@react.org  
 REACT is a local volunteer organization located in Stonewall that is committed to environmental responsibility. Our mission statement is "to assist (our) members and the community (Stonewall, Teulon & Rockwood) as a whole to become more environmentally responsible"

## SUPPORT GROUP & RESOURCE CENTRES

**Men's Chat Group** ..... 204-467-2582  
 Meets every Tuesday from 10-11am at the Stonewall Lions Centre

### Mood Disorder Association of Manitoba

Peer Support Line ..... 204-786-0987  
 Postpartum Warmline ..... 204-391-5983  
 Tool Free ..... 1-800-263-1460  
 The Mood Disorder Association of Manitoba is open to individuals afflicted with depression and manic depression, their families and friends. Support and consultation is offered to individuals and their families as well as educational presentation, telephone support and resource library. Meetings held in Stonewall the 3rd Thursday of the month 7-9pm at the Stonewall Community Health Centre, Conference room.

### Multiple Sclerosis Support Group

Susan Hologrosk ..... 204-943-9595

### Parkinson Society of Manitoba - Stonewall

..... 1-866-999-5558

### Society for Manitobans with Disabilities

Interlake Office ..... 204-785-9338

Toll Free ..... 1-888-831-4213

## GIFTWARE



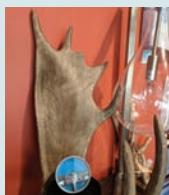
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## SUPPORT GROUP & RESOURCE CENTRES

### South Interlake Regional Library

419 Main Street ..... 204-467-8415

[www.sirlibrary.com](http://www.sirlibrary.com)

More than just books! A great place to pass the time. The library offers not only books for all ages, it also offers; free public computers with high speed internet, access to on-line databases and e-libraries, magazines, children's programs and so much more!

### Bookmobile

Pam ..... 204-467-5767

[bookmobile@sirlibrary.com](mailto:bookmobile@sirlibrary.com)

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**The Stonewall Group (closed;big book study)**

Sundays 7:30pm at Parochial Hall Stonewall

[www.AA.org](http://www.AA.org)

Bryce .....204-430-6787

Donna ..... 204-461-0892

### Stonewall & Area Al-Anon

Family Support Group ..... 204-886-2518

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## SUPPORT GROUP & RESOURCE CENTRES

**Stonewall & District Handivan** - Stonewall  
436 – 1st Avenue North ..... 204-467-9446  
The Stonewall & District Handivan offers transportation services for seniors and people with mobility disadvantages for a nominal charge.

**South Interlake Seniors Resource Council**  
5 Keith Cosens Drive ..... 204-467-2719  
The South Interlake Seniors Resource Council helps older citizens and people with disabilities to live independently in their communities. The services range from driver escorts (including cancer patient transportation) to housecleaning and yard work, to help with the completion of forms, visiting, caregiver support group, Telecheck (telephone buddy system), info on seniors resources may be acquired, as well as providing E.R.I.K. (Emergency Response Information Kits), Lifeline services and mobility aids.

**Stroke Recovery Association**  
..... 204-942-2880

## SUPPORT GROUP & RESOURCE CENTRES

**Welcome Wagon** – Stonewall  
Elsie Walder ..... 204-461-8105  
The Welcome Wagon is a service to newcomers and new parents, offering gifts from local businesses.

**T.O.P.S. – Warren**  
Linda MacMillan ..... 204-461-3375  
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TOPS meet every Tuesday at 9:00 am at the Warren United Church Hall.



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## SUPPORT GROUP & RESOURCE CENTRES

### Women's Shelter – Nova House

Local Crisis Line..... 204-482-7882  
 ..... 204-482-1200

### Project Linus Canadian-Manitoba Chapter

Gayleen ..... 204-467-8120  
 Local volunteers meet every Wednesday at 1p.m. at the South Interlake Regional Library to quilt, knit and crochet blankets to provide a sense of security and brighten a child's day.



## CULTURE HERITAGE & ARTS

### Rocklands Antique Club

Lloyd Harris ..... 204-467-8481  
 Nominal Fees. The goal of the Rocklands Antique club is to preserve, rebuild and display antique farm equipment, stationary engines or automobiles. The Antique Club also hosts social functions and helps to raise funds for the community. Meetings are held on 1st Wednesday of each month at the Red Barn 7:30 pm.

### South Interlake Garden Club

Tanya Daher ..... 204-467-2235  
 The club has informative meeting sessions throughout the year as well as a friendly exchange of information with fellow gardeners. The South Interlake Garden Club hosts an annual plant auction in May and a Flower, Fruit and Vegetable Show in August. The club supports various horticultural projects throughout the South Interlake area.

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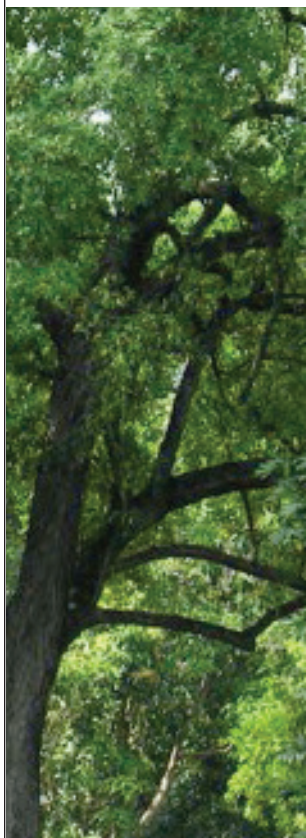
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## CULTURE HERITAGE & ARTS

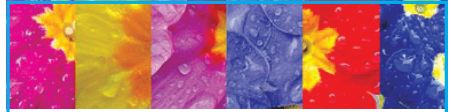
### Quarry Choristers

Quarry Choristers Hotline ..... 204-467-8348  
quarrychoristers@gmail.com

The Quarry Choristers is a multi generational, community ladies' choral group, that presents an annual dinner theatre in May as well as performs at seniors homes and various functions upon request. The Choristers meet on Sunday evenings, at the Stonewall United Church. New members are always welcome.



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## DISPLAYS AND ATTRACTIONS

### Settlers, Rails & Trails Inc.

Argyle Community Centre

Hours: 1st Sat/month 1-4 pm and by

appointment [argylemuseum@gmail.com](mailto:argylemuseum@gmail.com)

### Boonstra Farms

Murray Boonstra ..... 204-467-8480

Offers school tours, through May and June, strawberry and raspberry picking though July, and a corn maze Aug.-Oct. Visit the website at [www.boonstrafarms.com](http://www.boonstrafarms.com)

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## DISPLAYS AND ATTRACTIONS

### Grosse Isle Heritage Site

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### Woodlands Pioneer Museum

Located on Hwy 6 in Woodlands. This mini pioneer town includes six buildings overflowing with artifacts. 204-383-5919 or 204-383-5589. For all info [woodlandspioneeremuseum.com](http://woodlandspioneeremuseum.com)

### Laser Jungle

331- 1st East ..... 204-467-7529  
[www.laserjungle.com](http://www.laserjungle.com)

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### Prairie Oak Regional Arts Council Inc.

Bev Galbraith ..... 204-467-9991  
\$5/member/year The goal of the Prairie Oak Regional Arts Council is to support, promote and educate in the arts in our communities. An annual general meeting is held in April and members will be advised as to the time and location of council.

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## DISPLAYS AND ATTRACTIONS

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**Oak Hammock Marsh  
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[www.oakhammockmarsh.ca](http://www.oakhammockmarsh.ca)

Located approximately 17 kilometers from Stonewall, Oak Hammock Marsh offers children's day camp, guided year round indoor and outdoor interpretive programs, voyageur canoe outings, special events and workshops

## DISPLAYS AND ATTRACTIONS

**Prairie Dog Central Railway** ... 204-832-5259  
[www.pdcrailway.com](http://www.pdcrailway.com)

The Prairie Dog Central Railway is located at Inkster Junction Station on Prairie Dog Trail on the Northside of Inkster Blvd. between Rte 90 and Sturgeon Rd. Fully restored, turn of the century, branch-line passenger train. Runs from mid-May until mid December. Steam locomotive is used often and a vintage diesel locomotive is also used. Visit the website for specific events, days of operation, activities and ticket prices.



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## DISPLAYS AND ATTRACTIONS

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### Stonewall Quarry Park Heritage Arts Centre

..... 204-467-7980  
 Various fees, depending on facilities Stonewall Quarry Park offers various leisure and recreation activities, including swimming lessons, recreational swimming, beach volleyball, interpretive trails, hiking, and camping. The Centre houses an Interpretive Centre, the Sunova Auditorium, and three multipurpose rooms are available for event rental.



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## ORGANIZATIONS & SERVICE CLUBS

**Ducks Unlimited Canada**..... 204-467-3000  
[www.ducks.ca](http://www.ducks.ca)

Ducks Unlimited is dedicated to the maintenance conservation and restoration of Canada's wetlands.

### Knights of Columbus

Jesse Nugent ..... 204-294-7170  
 The Knights of Columbus raise funds for charities within the community. The Knights are open to all Catholic men 18 years or older. Meetings are held on the 1st Monday of the month at 7:00 pm, September through June at the Christ the King Catholic Church in Stonewall.

### Independent Order of Odd Fellows Stonewall Lodge #49

Larry O'Dell ..... 204-467-8882  
 Ross Thompson ..... 204-467-2438  
 The Odd Fellows Lodge is a fraternal organization based on the fatherhood of God and the brotherhood of man. We do charitable work through various projects in the local community, the province and internationally. We seek to elevate the character of man and thereby make the world a better place to live. We meet the 1st and 3rd Monday at the Odd Fellows Hall September through June.

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## ORGANIZATIONS & SERVICE CLUBS

### Royal Canadian Legion-Stonewall

Branch No. 52 ..... 204-467-2261

The Royal Canadian Legion is dedicated to the service of veterans and their dependents, as well as to raise funds for the community. The Legion is open to all Canadian Citizens. Meetings are held on the 2nd Tuesday of the month at the Stonewall Legion Club room.

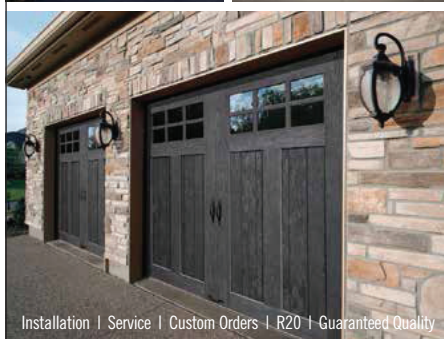
### Ladies Auxiliary to the Royal Canadian Legion Branch #52

Brenda O'Dell ..... 204-344-5089

The Legion Ladies Auxiliary raises funds for community charities and the local Legion Branch, primarily through catering of weddings and banquets. The ladies volunteer countless hours to preparing and serving lunches following funeral and memorial services. The Ladies Auxiliary greatly appreciates member applications from any lady over 18 years of age and of good character. Meetings are held at the Legion Hall in Stonewall on the 2nd Thursday of the month September through June.



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## ORGANIZATIONS & SERVICE CLUBS

### Royal Canadian Legion-Woodlands

Branch No. 248 .....204-383-5541

### St. Laurent Metis Legion-St. Laurent

Branch No. 250 .....204-646-2236

### Royal Canadian Legion-Argyle

Branch No.222 .....204-467-5816

The Argyle branch meets at the Argyle Memorial Hall. Remembrance Day service planned every year.

### South Interlake (Rockwood) Agricultural Society

Gordon Grenkow .....204-633-2144

It encompasses the needs of the three municipalities that it serves. Rockwood, Rosser, and Woodlands. The Ag Society is located on the north east corner of Hwy 236 and Road 75. They hold monthly meetings at the Ag grounds the 3rd Tuesday of the month at 7:30pm. Residents of the community welcome. (Building and grounds available for rent if space permits.)

## ORGANIZATIONS & SERVICE CLUBS

### South Interlake 55+ Inc.

Cheryl Cathers .....204-467-2582  
www.si55plus.org

This non-profit organization provides education and activities for persons age 55 plus. Many activities and events are held on a regular basis. Newsletters are published monthly listing upcoming events and activities and are available to be picked up at the 55+ Centre.



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## ORGANIZATIONS & SERVICE CLUBS

### Stonewall & District Lion's Club

Mel Harrison.....204-479-4050

The goal of the Stonewall & District Lion's Club is to raise funds for various charities within the community. The Lion's Club is open to anyone 18 years or older. Meetings are held on the 2nd and 4th Wednesday evening of the month, September to the end June at the Stonewall Lion's Manor at 7:00pm



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## ORGANIZATIONS & SERVICE CLUBS

### Stonewall Kinsmen Club

Kerry Hendry ..... 204-467-9618

The Stonewall Kinsmen Club is an informal organization that raises funds for community projects and provides services to the local community. Meetings are held at the Lakeview Apartments on every second Thursday of the month September through June. Motto "We serve the community's greatest needs"

### Stonewall Kinettes Club

Pat Moldowan ..... 204-467-5444



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## ORGANIZATIONS & SERVICE CLUBS

### Stony Mountain Stonewall Masonic Lodge No. 12

Grant Ryckman ..... 204-792-7252

The Stony Mountain Stonewall Masonic Lodge provides opportunity for fellowship, benevolent assistance and instruction in high moral standards. The group is open to men 21 years or older and meetings are held the 1st Monday of the month September through June.

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## ORGANIZATIONS & SERVICE CLUBS

### South Interlake Seniors Resource Council Inc.

Darcy or Diane ..... 204-467-2719  
sisrc@shaw.ca

### Stonewall & District Health Centre

#### Ladies Auxiliary

Marg Bond ..... 204-467-8732

The Auxiliary's goal is to raise funds for the purpose of enhancing the care and comforts of patients, residents and clients served by the Health Centre. Meetings are held the first Monday of each month at Rosewood Lodge. New members welcome.



## ORGANIZATIONS & SERVICE CLUBS

### Quarry Toastmasters

Brenda ..... 204-467-5088

Toastmasters helps people to practice public speaking and to improve communication skills. Meetings are held at Stonewall Collegiate, Tuesday evenings at 7:30 pm in the Food Lab from September to May.

### Warren Horizons District Lions Club

Irene Tully ..... 204-998-4590

Meetings are held the 1st and 3rd Wednesday of each month at the Warren Fire Hall at 7:00 pm, September through June.

### Warren & District Lions

Stu Bangle..... 204-467-1844

Membership is open to anyone over 18 interested in giving something back to their community through direct action, meeting humanitarian needs, encouraging peace, and promoting International understanding. Meetings are held the 1st and 3rd Wednesday of the month at 7:00pm at the Warren Fire Hall from September through June.

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## MUSIC, SPORTS & REC

### Interlake Bujinkai Karate Club

Robert Price-Lewis ..... 204-404-7682  
email: interlakebujinkai@gmail.com  
Classes run February-June, July-August, and September-December. Classes are held at Ecole RW Bobby Bend School on Tuesdays 630-8pm

### Stonewall Karate

Debbie or Clive Hinds..... 204-467-5787  
Discounted prices and family rates are available. Stonewall Karate offers non-contact karate instruction to anyone 6 years or older. Lessons are held two evenings per week and Saturday mornings at the Hall by the RCMP office.

### The Balmoral Judo Club

Milton Good Sr. .... 204-467-8854  
The Balmoral Judo Club offers judo instruction and optional tournaments to anyone 7 years or older. Lessons are held two evenings a week, September through May at the Stonewall Collegiate.

## NEWSPAPER

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## MUSIC, SPORTS & REC

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Dayna .....204-467-8259

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Gary Dewar ..... 204-344-5977

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[esrp7@hotmail.com](mailto:esrp7@hotmail.com)



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Chelsea Kopachena ..... 204-801-3489

[chelsea@diversityhorsemanship.com](mailto:chelsea@diversityhorsemanship.com)

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### The Interlake Thunder Football Program

Mitch Obach

[president@interlakethunder.org](mailto:president@interlakethunder.org)

Provides male and female athletes (Age 7-17) in the Interlake region with the opportunity to play tackle football. The club competes annually in the Manitoba Minor Football Association and the Midget Football League of Manitoba. In 2015 the Thunder intend to field teams in the Manitoba Girls Football Association. Teams practice and play home games in both Stonewall and Selkirk, Manitoba. [www.thunderfootball.org](http://www.thunderfootball.org) or email [development@thunder.org](mailto:development@thunder.org).

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## MUSIC, SPORTS & REC

### Balmoral Baseball Club

Jason Dodd ..... 204-461-1665  
The Balmoral Baseball Club offers recreational t-ball, baseball and softball to anyone 5 years or older. Home games and practices are held at the Balmoral Rec. Center March through June.

### Stony Mountain Minor Ball

Clint ..... 204-290-6311

## MUSIC, SPORTS & REC

### South Interlake Phillies

Curtis Fines ..... 204-782-2794  
The South Interlake Phillies is a competitive softball team, open to girls in four different age categories, based on tryouts. Winter program available. Teams participate in the Manitoba Ladies Super Softball League.

### Stonewall Blue Jays

Adam Kirk ..... 204-461-0593  
The Stonewall Blue Jays is a competitive hardball team, open to men based on tryouts. Home games are played at Stonewall Quarry Park evenings and weekends April through August.

### Stonewall Minor Baseball

Darrell ..... dg1grantham@gmail.com  
www.stonewallminorball.ca  
Stonewall Minor Baseball offers recreational baseball and softball to boys and girls who are in Kindergarten or older. Home games and practices are held at various diamonds throughout Stonewall weekday evenings during May and June.

## PETS



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## MUSIC, SPORTS & REC

### Grosse Isle Minor Baseball

Monica Baldwin..... 204-322-5240

### Woodlands Rec Committee & Minor Baseball

Alana Fehr..... 204-383-5273

E-mail woodlandsminorball@outlook.com

### Warren Minor Baseball

Crystal deLaroque..... 204-461-0776



## MUSIC, SPORTS & REC

### Bowling Leagues

Quarry Lanes ..... 204-467-8218  
quarrylanes@outlook.com

The Kids, Adult and Senior Bowling Leagues offer recreational bowling to anyone. Day and evening leagues are available and games are played at Quarry Lanes in Stonewall September through April

### Youth Bowling Council (YBC)

Quarry Lanes ..... 204-467-8218

The Youth Bowling Council offers youth aged 3 to 18 an opportunity to bowl in a recreational league.



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## MUSIC, SPORTS & REC

### Argyle Curling Club

Colin and Pam Crockatt ..... 204-461-1630

The Argyle Curling Club offers recreational curling including leagues for ladies, men's, juniors and mixed as well as open mixed on Thursday mornings and Stony Mountain Seniors on Wednesday mornings.

### Balmoral Curling Club

Neil Stewart..... 204-467-8981

The Balmoral Curling Club offers recreational curling including men's, women's, youth, mixed, youth (grade 3-5) and junior.



## MUSIC, SPORTS & REC

### Marquette Curling Club

Calvin Janke ..... 204-461-1160

Email: c.janke@marquettecoop.ca

### Stonewall Curling Club

Stu Brown (President) ..... 204-223-8468

Info@stonewallcurling.com

www.stonewallcurlingclub.com

The Stonewall Curling Club offers recreational curling to anyone 8 years or older. Teams play at the Stonewall Curling Club, October through March. Instruction and clinics are also available.

### Rockwood-Stonewall Recreation Committee

Laine ..... 204-461-3163

### Rosser Woodlands Recreation Commission

Kelly ..... 204-513-0928

### Stony Mountain Community Association

Marcia ..... 204-470-4326

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## MUSIC, SPORTS & REC

### Warren Curling Club

204-322-5620

Vern .....204-803-3305

The Warren Curling Club offers recreational curling including ladies, mixed, men's, junior and stick teams. Games are played at the curling club October through March.

### Argyle Floor Shuffleboard Club

Jean Campbell .....204-886-2495

The Argyle Floor Shuffleboard Club plays May through October at the curling rink in Argyle.



## MUSIC, SPORTS & REC

### Balmoral Rec Hockey

recbalmoralrechockey@gmail.com

Balmoral Rec Hockey is every Monday, Thursday and Friday night at the Rec Centre. Open to boys and girls ages 5 – 16.

### Interlake Lightning AAA Hockey Program

Darren Bond .....204-886-7021

www.interlakeminorhockey.ca

The Interlake Lightning organization operates 6 regional AA and AAA hockey teams in both the bantam and midget age categories for males and females in the Interlake.

### Interlake Ringette Association

tesia@owlplace.com .....204-485-2715

www.interlakeringette.com

### Stonewall Jets Hockey Team

Dale McClintock .....204-791-7675

www.stonewalljets.net

The Stonewall Jets is open to players 21 years and under based on tryouts and play in the Manitoba Major Junior Hockey League. Home games are normally played on Friday, Saturday and Sunday evenings. September through March.

## PLUMBING



ritchie\_perron@live.ca

Stonewall, MB

Ryan 204-230-4674

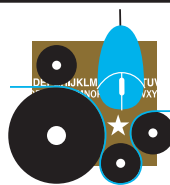
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## MUSIC, SPORTS & REC

### Stonewall Minor Hockey/Ringette

Scott Myers..... 204-467-8155  
scott.myers@smhra.ca

Registration for teams in the Stonewall Minor Hockey Association is in September. Home games and practices are held at the Stonewall arenas October through March

### Stony Mountain Minor Hockey

ddeprez@genequip.com  
www.smmh.ca

### Warren Mercs Hockey Team

Scott Corbett..... 204-467-8609

### Warren Minor Hockey Association

Scott Corbett..... 204-391-1940  
corbett.s@outlook.com  
www.warrenarena.com



## MUSIC, SPORTS & REC

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## MUSIC, SPORTS & REC

**Balmoral Rec Centre** ..... 204-467-2620  
 Mark..... 204-467-2665  
 Hourly, seasonally, individual and family passes available. The Balmoral Skating Club offers open public skating for all ages Saturday afternoon and a public stick skate Sunday afternoons November through March.

**The Warren Skating Club-Powerskating**  
 Tara Lee ..... 204-383-5262  
 www.warrenarena.com



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## MUSIC, SPORTS & REC

### Stonewall Skating Club

stonewallskatingclub@gmail.com  
The Stonewall Skating Club offers Canskate and Starskate programs. Monday 4-6pm, Thursday 4-7pm and Friday 6:30-8:30am

### Stony Mountain Skating Club

stonymountainskatingclub@gmail.com  
The Stony Mountain Skating Club offers recreational skating instruction at various levels to anyone 4 years or older. Lessons are held at the Stony Mountain Rec Centre, weekday afternoons and evenings, October through March.

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## MUSIC, SPORTS & REC

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## MUSIC, SPORTS & REC

### South Interlake Sno Riders

Joe or Nadine ..... 204-467-2985  
George ..... 204-467-7194  
[www.southinterlakesnoriders.com](http://www.southinterlakesnoriders.com)

The South Interlake Sno Riders Snowmobile Club is responsible for the grooming and maintenance of the South Interlake snowmobile trails. The club organizes family rides, a yearly poker derby as well as a yearly social to raise funds for the club. New members are always welcome.

### Stonewall Youth Soccer Association

[stonewallsoccer@mymts.net](mailto:stonewallsoccer@mymts.net)  
[www.stonewallyouthsoccer.com](http://www.stonewallyouthsoccer.com)  
Stonewall Soccer is an outdoor recreational league open to boys and girls ages 3 to 17. Ages 3 - 8 years old play on Monday and Wednesdays in Stonewall. Ages 9 and up practice in Stonewall and play games in Stonewall and Winnipeg.

### Highway 6 Youth Soccer – (Warren)

Karen Tristram ..... 204-227-9738

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## MUSIC, SPORTS & REC

### Stonewall United Soccer Club

Jason Ferris .....jasonferris@hotmail.ca  
Stonewall United Soccer Club is a mens team that plays in the Manitoba Major Soccer League. Season runs from end of April to September. games are played at VMSC and in Winnipeg.

### Stony Mountain Mini Soccer

Chantel..... 204-232-3258



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## MUSIC, SPORTS & REC

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## YOUTH PROGRAMS

### Argyle 4-H Beef Club

Bryan Fossay ..... 204-795-0961  
bryan@fossayherefords.ca

The Argyle Beef 4-H Club offers boys and girls aged 8 to 19, various individual projects involving "Steers" and "Hefers". The group meets at various times throughout the week November through June.

### Quarry Ridge Pony Club

Karen ..... 204-861-0191 or 204-886-3209

We strive to provide the opportunity for every person age 6 - 25 years to have a positive experience with horses by providing educational opportunities, learned responsibility, sportsmanship and citizenship and to develop positive relationships with the animals. Pleasure and competitive riding. We meet weekly in Stonewall/Teulon area.

### Royal Canadian Air Cadets

Captain Christopher Babcock ..... 204-515-7418  
Youth Ages 12-18 meet every Thursday from 6:30-9:30pm, Sept. - June at the Legion Hall, Stonewall.

## YOUTH PROGRAMS

### Balmoral 4-H Club

Teresa Melnychuk ..... 204-467-9752  
Jennifer Greigson ..... 204-467-8393  
The Balmoral 4-H Club offers various group and individual projects from sewing and cooking to woodwork and photography to help develop communication skills and self-esteem. The group is open to boys and girls aged 8 - 19 and meet at various times throughout the week September through April.

### Stonewall Girl Guides

Wendy Pilcher rwpilcher@mymts.net  
Girl Guides of Canada ..... 1-800-565-8111  
Girls and young women, 5 years and older are encouraged through a varied program of camping creative and outdoor activities, community service and friendship to become responsible citizens.

### Scouts Canada

Angie ..... 204-467-9167  
Stonewall Scouting provides a youth program for children ages 5-18 which is divided into four groups Beavers ages 5-8, Cubs ages 8-11, Scouts ages 11-14 and Venturers age 14-18. Meetings are held weekday evenings at the Scout Hall.

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stonevet@mymts.net  
www.stonewallvetclinic.com

**204-467-2481**

## YOUTH PROGRAMS

### Stonewall Youth Drop-In Centre

.....204-467-4774 www.yfcstonewall.com  
stonewalldropin@gmail.com

The Stonewall Youth Drop-In primarily serves students with times of fun, learning, adventure, and serving others. It runs a variety of after school and evening programs through the year and features day camps during the summer. Also available for your rental, family event, training or team building activity. If features games, espresso machine, large screen, and more!

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Central Plains Meats 204-467-9399  
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See ad on page 43  
Chad Sheppard Chartered  
Accountant Inc. 204-467-7142  
Chantelle Dione Photography 204-461-0532  
Chen's Chinese Food 204-467-7444  
Cherish Massage Therapy 204-930-2240  
Chicken Chef 204-467-9042  
Chihuahua Chic 204-383-5331  
CIBC 204-467-5551  
Colour Splash 204-461-0160

Comco Pipe  
& Supply Company 204-467-8797  
**Commercial Comfort** 204-461-4328  
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Community Futures East Interlake  
204-378-5106  
Cool Signs & Graphics 204-461-0404  
**Cooperators, The** 204-467-8927  
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Country Carpenter 204-383-5857  
Country Towing 204-990-4718  
**Cravings Restaurant** 204-467-9078  
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Creative Color by Provincial Floorcraft  
204-467-9193  
Securities Inc. 204-467-2153  
Crop Production Service 204-467-8026  
Crystal Clear Travel 204-461-0367  
Curl Up & Dye 204-461-1089  
D&M Welding Ltd. 204-467-1960  
**DMC Diesel** 204-918-7294  
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**Danny's Barbeque  
& Smokehouse** 204-344-5675  
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Davdar Industries Ltd. 204-467-7763  
Dazzling Dawg  
Grooming Salon, The 204-344-5662  
Deals for Dollars 204-467-8259  
Deb's Hair Design 204-467-7453  
**Doctor Decal** 204-467-9405  
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**Doctors Vision Centre** 204-467-8044  
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Doggone Amazing Pet Grooming  
204-467-9635  
Doing Time Pet Spa 204-344-6054  
**Don's Mechanical Inc.** 204-467-2642  
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**Dr. Victoria Baldwin-Naturopath**  
See ad on page 38 204-467-5905  
Dry Creek Saddlery 204-375-6768  
Duck's Unlimited Canada 204-467-3000  
Dunsmore Heating 204-467-5518  
Dura Dome Inc. 204-292-8175  
E S D Enterprises 204-322-5498  
Egan Construction Ltd. 204-344-5630  
Eildon Enterprises 204-461-1174  
**Electro Wright**  
**Contracting Inc.** 204-467-7483  
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EPR Stonewall 204-467-5566  
**Elemental Artisans** 204-880-9185  
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**Elizabeth Simonson-Marriage Commissioner**  
See ad on page 43 204-383-5691  
**Equi-Tech Veterinary** 204-467-2083  
See ad on page 59  
Erika's Fitness Club 204-294-8620  
4L Communications- Telus 204-467-2350  
F3 Designs 204-795-9199  
**Family Foods** 204-467-5553  
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Farm Life Best Life 204-795-9199  
Fehr Welding 204-383-5943  
**Firewood Manitoba** 204-453-7788  
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Flicks Cinema 204-467-8401  
Fossay Herefords 204-795-0961  
Franchise Sports Image 204-793-4026  
**Fullhouse Movers** 204-467-2419  
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**G&A Rentals** 204-467-7368  
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GDS Paving 204-461-0493  
Gendarmerie Royale  
Du Canada RCMP 204-467-5015  
Good Used Stuff Store 204-383-5858  
Gould Manufacturing 204-344-5000  
**Grandmont Antiques** 204-383-5382  
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Grandmont Designs 204-461-0113  
**Grande Bazaar, The** 204-467-7030  
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**Grantham Law Offices** 204-467-5527  
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Grayson Excavating Ltd. 204-467-9702  
**Greenhaven Pet Grooming** 204-461-2217  
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Greenwood Veterinary  
Hospital 204-467-5768  
**Grosse Isle Heritage Site** 204-799-7555  
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**Grosse Isle Rec Centre** 204-461-2173  
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**Guiding Light Services** 204-461-2130  
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H6 Construction  
H&R Block 204-467-2877  
Hair by Sher 204-461-2199  
Hala Kahiki Studio  
& Custom Framing 204-861-0034

**Hallmark 204-467-8113**

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Hallow Automotive 204-383-5019

Harry's Automatic  
Transmission 204-467-9095

**Home Hardware 204-467-5589**

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Hitch'n Post Country BBQ 204-467-2544

Home Pride Renovation 204-513-0041

Inland Aggregates 204-467-8762

Interlake Community  
Foundation 204-467-5634

Interlake Eavestroughing  
& Siding 204-781-0533

Interlake Food Bank 204-467-9118

**Interlake Graphics 204-467-5836**

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**Interlake Insulators 204-461-4669**

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Interlake Kneads Massage Therapy  
204-461-1918

Interlake Publishing 204-467-2421

**Interlake Salvage  
& Recycling Inc. 204-467-9344**

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Interlake Sports 204-467-5360

Interlake Tourism 204-322-5378

**Inview Insurance 204-467-8927**

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Isagenix 204-467-1872

ITB Manufacturing 204-344-5175

**Jasperson's Greenhouse & Landscapes**

See ad on page 34 204-467-2081

J.B.'s Small Engine Repair 204-467-2772

KC Swanson Promotions  
& Marketing 204-299-4173

**James Bezan 204-785-6151**

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JR Cleaning 204-679-4082

**Janet's Reflexology 204-461-3050**

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Jeffery's Environmental  
Services Inc. 204-322-5405

John Eichel Trucking Ltd. 204-467-9365

Jones Seed Farm 204-322-5604

Jordan's Music 204-294-8620

**Juice Plus+ 204-886-8785**

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K. Byle Skid Steer 204-344-5041

K-Indu Ltd. 204-467-2406

Ken Loehmer Funeral Services 204-886-0404

**Keyboard Ventures Music School**

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Keystone Patios 204-322-5332

**Kiln Drive-In, The 204-467-9125**

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King's Septic & Portable  
Toilet Service Inc. 204-467-9010

Knapper's Mechanical 204-467-2037

Korner Kuts Day Spa Salon 204-467-5222

Kroll Painting &  
Renovations 204-791-0553

LJ's Grill 204-322-5458

Lakeland Northstar 204-467-4470

Laser Jungle 204-467-7529

Laser First Aid 204-990-1448

**Laura Woodman-ia Securities 204-806-8388**

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**Liam Wheddon-Royal le Page Dynamic**

See ad on page 67 204-513-1011

Lillies Locks 204-322-5000

Lindell Development Inc. 204-322-5672

Lyle's Electronics 204-467-8663

Longhorn Roofing 204-383-5597

Lumberzone 204-467-5571

Lyle Dew Construction 204-383-5178

M. Jones Carpentry & Construction  
204-461-2538

M & M Greenhouses 204-383-5104

MacKenzie Funeral Service 204-467-2525

Made-Rite Construction 204-470-3224

Manitoba Liquor Mart 204-467-9571

Mariash Quarry 204-344-5115

**Marquette Coop 204-375-6570**

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Mauthe Homes 204-467-1807

Maxwell's Professional Painting  
McLeod House 204-467-5008

Tea Room & Gift Shop 204-467-2303

McLeod Mechanical Services  
204-513-1154

McSherry Auction Service 204-467-1858

Meadowcrafts 204-322-5563

Meadows Community Club 204-322-5329

Meridian Trail General Store 204-467-8661

Message of Massage 204-467-9121

Miami Beach Campground 204-383-5664

MicroPilot 204-344-5558

**Mid-Can Door  
Manufacturing Inc 204-222-5643**

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Midway Homes	204-383-5768
MityBilt Products Inc.	204-467-5790
More-Lite Electric Ltd.	204-344-5477
Mountain Do or Dye	204-344-5446
Mountain Motor Inn	204-344-5511
Mulder Construction & Materials Ltd.	204-467-2862
Mulder Limestone Products	204-467-8834
Murray's Painting & Décorating	204-467-5242
Murray's Maze	204-467-8480
NW Riley Transport Inc.	204-295-1751
<b>Nancy Dilts-Royal le Page Dynamic</b>	
See ad on page 53	<b>204-461-3258</b>
New Advantage Foods Ltd.	204-467-2754
Norseman Mechanical	204-470-9526
<b>No Frost Venting</b>	<b>204-792-6604</b>
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North American Rail Products	204-467-8828
North Country Electric	204-467-5952
<b>North Mountain Storage</b>	<b>204-782-0807</b>
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North Warren Inn	204-322-5318
<b>Northern Terrain</b>	<b>204-467-9026</b>
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Northstar Enterprises	204-383-5744
OTT Party in a Box	204-390-2267
Oak Hammock Marsh	204-467-3300
<b>Odd Fellows Hall</b>	<b>204-467-5556</b>
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<b>Oke Doke's Driving Range</b>	<b>204-467-2361</b>
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Olde Cramb Farm	204-467-2850
<b>ONE Insurance Stonewall</b>	<b>204-467-4500</b>
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ONE Insurance Warren	204-322-5192
OneFocus	204-467-9993
<b>One Link Mortgage &amp; Financial</b>	<b>204-479-6064</b>
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<b>Orcheski Financial</b>	<b>204-467-8490</b>
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Oughton Eavestroughing	204-467-5688
PH Electric	204-322-5221
Painted Daisy Art Glass	204-479-0839
Park Providence Condos	204-467-5787
<b>Patterson Mechanical Ltd.</b>	<b>204-461-0035</b>
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Patterson's Sewage Ltd.	204-467-8249
Pentagon Rolling Shutters	204-467-8274

Perimeter Drilling Ltd.	204-632-6426
Phoenix Air Spray Ltd.	204-794-6811
Photographic Artworks	204-467-5090
Pick 'N Pay	204-344-5328
Piston Ring	204-467-2466
<b>Pizza Den Restaurant &amp; Lounge</b>	
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Pizza Hotline	204-785-2222
Porteous Plumbing	204-383-5827
Prairie Chic	204-467-9064
Prairie Earthworks Ltd.	204-461-0815
Prairie Truss	204-467-9597
<b>Prairie Zen</b>	<b>204-467-5905</b>
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Pressure Pro Water Well Systems	204-461-1162
Prime Meridian Trail Store	204-467-8661
Pro Pumper Septic & Industrial	204-467-9990
Puratone Boar Station	204-344-6012
<b>Pure Electric</b>	<b>204-791-8073</b>
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<b>Purple Berry Orchard, The</b>	<b>204-461-2623</b>
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<b>Quarry Bowling Lanes</b>	<b>204-467-8218</b>
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<b>Quarry Furnishings</b>	<b>204-467-7283</b>
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Quarry Grain Commodities	204-467-8877
Quarry K9 Day Camp & Resort	204-467-8878
<b>Quarry Park Heritage Arts Centre</b>	
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<b>Quarry Pets</b>	<b>204-467-5924</b>
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<b>Quarry Physiotherapy- An inMotion Clinic</b>	
See ad on page 51	204-467-9101
<b>Quarry Ridge Pharmacy</b>	<b>204-467-7333</b>
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<b>Quarry Stonewall Dental Centre</b>	
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<b>Quarry View Esso</b>	<b>204-467-9454</b>
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<b>Ralph Eicher</b>	<b>204-467-9482</b>
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R & B Diesel	204-383-5294
RBC Royal Bank	204-467-5544
R & R Mechanical	204-461-1733
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R&R Woodwork	204-467-8454
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Red River Cooperatives Ltd.	204-467-5846



Red River Cooperatives Stonewall Grocery  
204-467-8469

**Red Star Chinese Cuisine** 204-467-8221

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**Re/Max The McKillop Team** 204-467-8000

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Reflexology by Janice Doan 204-467-8474

Rexall Pharmacy 204-467-8137

Richman Electric Ltd. 204-467-2933

Ridgeway Insurance  
Agency Inc 204-467-2672

Rise Above Renos 204-461-1080

Rita's Salon 204-513-1288

**Ritchie & Perron Plumbing & Heating Ltd.**

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**Ritz Interiors** 204-467-2903

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**Rockwood, RM** 204-467-2272

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Rockwood Apiaries 204-467-8703

**Rockwood Landscaping & Tree Service**

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**Rockwood Motor Inn**

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Rockwood Redi-Mix 204-467-2445

Rockwood Railing 204-467-7366

Rockwood Renovations  
& Carpentry Ltd. 204-467-7366

**Rockwood Upholstery** 204-894-2944

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Rockwood-Victoria Co-op Ltd. 204-467-8009

**Roof Express** 204-774-2030

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Rosser Central

Community Club 204-479-6476

**Royal Canadian Legion-Stonewall**

See ad on page 37 204-467-2261

**Royal Le Page Dynamic Real Estate**

**Audrey Schumann** 204-792-8400

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**Royal Le Page Dynamic Real Estate**

**Liam Wheddon** 204-513-1011

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**Royal Le Page Dynamic Real Estate**

**Nancy Dilts** 204-461-3258

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Royal le Page Prime

Real Estate 204-467-5176

Rubber Ducky Resort & Campground

204-322-5286

Rutherford Farms 204-467-5613

S.W. Cameron Ltd. 204-467-2323

Scrapyard Paintball 204-461-0749

Senior Scope 204-467-9000

Shaver & Sons Enterprises 204-467-2605

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Sig's Grill 204-467-9056

**Sing Fei Restaurant** 204-467-5321

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Six Pines Farm 204-633-3326

Slip-Inn Ceramic Shoppe 204-467-9311

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Spark Fitness & Nutrition 204-513-1000

Standard Cartage

& Machine Rentals 204-467-2445

Standard Limestone Quarries 204-467-2445

Stonewall & District Chamber of Commerce  
204-467-5836

**Stonewall Chiropractic  
Centre** 204-467-5523

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**Stonewall Family Foods** 204-467-5553

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Stonewall Florist 204-467-2470

**Stonewall Glass** 204-467-8929

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**Stonewall Home Hardware** 204-467-5589

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Stonewall Hair

& Tanning Source 204-467-7486

Stonewall Marketplace 204-467-8469

**Stonewall Pharmacy** 204-467-8385

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Stonewall Sewing 204-461-0875

Stonewall Saddlery 204-344-5367

**Stonewall Storage** 204-467-5295

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**Stonewall Teulon Tribune** 204-467-5836

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**Stonewall Tire**

**& Auto Repair** 204-467-5595

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**Stonewall, Town of** 204-467-7979

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**Stonewall Veterinary Clinic** 204-467-2481

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Stony Mountain

Community Centre 204-226-1542

Stony Mountain Restaurant 204-344-5515  
**Stony Mountain Ski Area** 204-344-5977  
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 Stroke of Colour Painting 204-223-8441  
**Subway** 204-467-7148  
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 Summit Customs 204-344-6036  
**Sundog Boarding Kennels** 204-404-7690  
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 Sure Clad Construction 204-467-5109  
**Sun Life Financial** 204-461-2251  
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 Sunova Credit Union 204-467-5574  
 Sweet Water Stables 204-383-5334  
 TD Canada Trust 204-467-7820  
 TMC Cellular & Satellite 204-467-2014  
**Taplin Earthworks Inc.** 204-467-5311  
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 Terraco 204-467-8282  
**The Original Cabinet Shop** 204-227-8013  
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 Tim Horton's 204-467-5052  
 Total Firestop Systems Ltd. 204-344-5696  
 Trail's North Grill 204-322-5008  
 UBT Universal Business Team 204-467-9993  
 Uncle D's Airbrushing & Design 1-888-624-8986  
 Unger Seed Farm 204-467-8630  
 Unrau Realty 204-467-8295  
 Usana 204-467-5372  
 Value Construction & Management Ltd. 204-461-2047  
 Veggy Lady, The 204-467-9064  
 Viterra 204-467-8026  
 Visionary Homes 204-461-2237  
 Walsh Electrical 204-461-4217  
**Waring Landscape Supply** 204-467-8906  
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**Warren Esso** 204-322-5556  
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**Warren Chiropractic & Health Centre**  
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 Warren Food Mart 204-322-5587  
 Warren Golf & CC 204-322-5335  
 Warren Hardware(2001) 204-322-5215  
 Warren Lawn Care 204-461-0891  
 Warren Memorial Hall 204-322-5485  
 Warren Stonewall Freight 204-322-5630  
 Warren Tire 204-322-5347  
**Warren Wellness Massage Therapy**  
 See ad on page 44 204-322-5371  
 Watersong Farms Inc. 204-322-5558  
 Watkins 204-383-5331  
 Watt's Construction 204-461-1019  
 Watt's Homes Ltd. 204-461-1357  
 Westline Sales 204-467-7642  
**Whispering Oaks Greenhouse** 204-995-8423  
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 Willow Grove Orchard 204-467-8898  
 Wizer Buildings 204-467-7205  
 Woodlands HVAC 204-461-1678  
 Woodlands Auto Sales & Service 204-881-1393  
**Woodlands Physiotherapy Services**  
 See ad on page 50 204-383-5465  
 Woodlands Pioneer Museum 204-322-5671  
 Woodlands Recreation Centre 204-383-5273  
 Woodlands Sewage Services 204-383-5614  
 Woodlands Small Engine Service 204-383-5362  
**Woodlands Veterinary Clinic**  
 See ad on page 60 204-383-5065  
 Xtreme Sports Medics 204-583-7474  
 Yoga by Heather McDermid 204-467-7949  
 Zumba 204-294-8620



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